

## IAFSP CEU Certificate Checklist

Use this checklist to keep track of your progress toward completing each content area badge.

- |                          |   |                    |
|--------------------------|---|--------------------|
| <input type="checkbox"/> | <b>Content Area 1 – Home Visiting Profession</b>                          | <b>10.5 hours</b>  |
| <input type="checkbox"/> | <b>Content Area 2 – Child Development</b>                                 | <b>9.25 hours</b>  |
| <input type="checkbox"/> | <b>Content Area 3 – Child Health, Safety and Nutrition</b>                | <b>9.17 hours</b>  |
| <input type="checkbox"/> | <b>Content Area 4 – Family Health, Safety and Nutrition</b>               | <b>9.25 hours</b>  |
| <input type="checkbox"/> | <b>Content Area 5 – Professional Practice</b>                             | <b>14.91 hours</b> |
| <input type="checkbox"/> | <b>Content Area 6 – Family Partnerships</b>                               | <b>14.75 hours</b> |
| <input type="checkbox"/> | <b>Content Area 7 – Family Support Supervision (for Supervisors only)</b> | <b>19.00 hours</b> |



### Content Area 1 Home Visiting Profession

After completing these modules, the participant will be able to articulate the importance of home visiting and will have information and strategies to collaborate effectively with colleagues and other professionals to enhance services and opportunities for families.

TITLE	CONTACT MINUTES	DATE COMPLETED	DIGITAL BADGE ATTACHED
Home Visiting 101: <i>Importance of Home Visiting</i>	45 min		<input type="checkbox"/>
Home Visiting 102: Family Support Professional Skills and Strategies	45 min		
Maximizing Team and Peer Networks	240 min		
Beyond the Home Visit: Supervision, Professional Development and Community Connections	180 min		
Strengthening Families Through Community Connections	120 min		
<b>TOTAL CONTACT HOURS/CEUs</b>	<b>10.5 hours/1.05 CEUs</b>		



## Content Area 2

### Child Development

After completing these modules, the participant will understand developmental domains and child development birth through age five along with strategies to coach families to support their child's optimal development. The participant will also gain information about medical homes and supporting dual language learning families.

TITLE	CONTACT MINUTES	DATE COMPLETED	DIGITAL BADGE ATTACHED
Child Development: Secrets of Baby Behavior	30 min		☐
Child Development: Child Development 0-3	120 min		
Child Development: Child Development 3 to 5	45 min		
Social and Emotional Development of Young Children	90 min		
Cultural Humility Part Two: Supporting Dual Language Learning Families	45 min		
Bright Futures Concepts and Working with the Medical Home	45 min		
Family Partnerships That Support Child Development	180 min		
<b>TOTAL CONTACT HOURS/CEUs</b>	<b>9.25 hours/0.925 CEUs</b>		

### Content Area 3

#### Child Health, Safety and Nutrition



After completing these modules, the participant will have basic information about health and safety topics related to young children, including infant care, breastfeeding, nutrition, physical activity, and safe and healthy homes. In addition, the participant will learn strategies for educating and supporting families to prevent child abuse and neglect as well as the process for developing plans of safe care for substance-exposed infants.

TITLE	CONTACT MINUTES	DATE COMPLETED	DIGITAL BADGE ATTACHED
Child Abuse and Neglect Part 1: <i>Prevention and Education</i>	45 min		<input type="checkbox"/>
Child Abuse and Neglect Part 2: <i>Abusive Head Trauma (Shaken Baby Syndrome)</i>	30 min		
Infant Care: <i>The ABCs of Safe Sleep for Infants</i>	60 min		
Infant Care: <i>Diapering and Bathing</i>	30 min		
Breastfeeding: <i>A Series for Home Visitors: Helping Mothers Choose Breastfeeding</i>	45 min		
Breastfeeding: <i>A Series for Home Visitors: Helping Mothers Initiate Breastfeeding</i>	45 min		
Breastfeeding: <i>A Series for Home Visitors: Helping Mothers Continue Breastfeeding</i>	45 min		
Nutrition Basics	25 min		
Growing Healthy Children Part 1: <i>Prenatal Period and Breastfeeding Mothers</i>	30 min		
Growing Healthy Children Part 2: <i>Feeding and Nutritional Needs of Infants, Toddlers and Children</i>	30 min		
Growing Healthy Children Part 3: <i>Physical Activity and Limiting Screen Time</i>	30 min		
Promoting Safe and Healthy Homes	45 min		

Substance Exposed Infants, Part 2: <i>Impact of Perinatal Substance Use on Infants</i>	<b>45 min</b>		
Substance Exposed Infants, Part 3: <i>Developing and Implementing Plans of Safe Care for Substance-Exposed Infants</i>	<b>45 min</b>		
<b>TOTAL CONTACT HOURS/CEUs</b>	<b>9.17 hours/ 0.92 CEUs</b>		



## **Content Area 4**

### **Family Health, Safety and Nutrition**

After completing these modules, the participant will have information for supporting and educating families about reproductive health, prenatal health and nutrition, substance use and mental health.

<b>TITLE</b>	<b>CONTACT MINUTES</b>	<b>DATE COMPLETED</b>	<b>DIGITAL BADGE ATTACHED</b>
Reproductive Health	<b>45 min</b>		<input type="checkbox"/>
Prenatal Basics for Family Support Professionals	<b>45 min</b>		
Substance Use: Risks and Effects in Pregnancy and Early Childhood Development	<b>45 min</b>		
Substance Exposed Infants, Part 1: <i>Supporting Pregnant and Postpartum Women's Use of Medications</i>	<b>45 min</b>		
Why Screen Women for Substance Use, Intimate Partner Violence, Mental Health and Perinatal Depression?	<b>45 min</b>		
Adult Mental Health Part One: <i>A Critical Component in Early Childhood Development</i>	<b>45 min</b>		
Adult Mental Health Part Two: <i>Perinatal Depression</i>	<b>45 min</b>		
Family Partnerships That Support Health and Mental Health	<b>240 min</b>		
<b>TOTAL CONTACT HOURS/CEUs</b>	<b>9.25 hours/0.925 CEUs</b>		



## Content Area 5 Professional Practice

After completing these modules, the participant will have basic knowledge and understanding of topics of professional practice, including confidentiality, personal safety and professional conduct. The participant will also learn the importance of proper documentation, time management, boundary setting and self-care.

TITLE	CONTACT MINUTES	DATE COMPLETED	DIGITAL BADGE ATTACHED
Home Visiting 103: Professional Practice	45 min		<input type="checkbox"/>
The Nuts and Bolts of Family Support Practice	240 min		
Confidentiality for the Home Visitor Part One: General Confidentiality Principles	25 min		
Confidentiality for the Home Visitor Part Two: Confidentiality and the Law	25 min		
Confidentiality Part Three: Confidentiality in Practice	20 min		
Personal Safety for Family Support Professionals	60 min		
Staying Safe While Supporting Families	60 min		
Professional Conduct and Self-Care	240 min		
Moving to Action: Advocacy, Referrals and Goal-Setting	180 min		
<b>TOTAL CONTACT HOURS/CEUs</b>	<b>14.91 hours/1.49 CEU</b>		



## Content Area 6

### Family Partnerships

After completing these modules, the participant will understand strategies for building relationships with families through effective communication, cultural humility and use of a strength-based approach. They'll also understand that a good relationship with the family is necessary for building partnerships to help the family reach goals and make changes to improve the lives of all family members.

TITLE	CONTACT MINUTES	DATE COMPLETED	DIGITAL BADGE ATTACHED
Family Engagement Part One: Partnering with Parents	45 min		<input type="checkbox"/>
Family Engagement Part Two: Strategies for Partnering with Parents	45 min		
The Dad Effect: Engaging Fathers in Their Children's Lives and in Home Visiting	60 min		
Three-Step Counseling Strategy	30 min		
Cultural Humility Part One: Supporting Immigrant Families: A Culturally Humble Approach	45 min		
Family Partnerships That Support Change and Healing	240 min		
The Why, What and How of Effective Participant Communications	240 min		
Assessment to Action: Building on Strengths, Finding Solutions	180 min		
<b>TOTAL CONTACT HOURS/CEUs</b>	<b>14.75 hours/1.475 CEUs</b>		



## Content Area 7

### Family Support Supervision (for Supervisors only)

After completing these modules, the participant will learn skills for leading and coaching family support professionals with a culturally and developmentally appropriate and strength-based approach.

TITLE	CONTACT MINUTES	DATE COMPLETED	DIGITAL BADGE ATTACHED
Family Support Supervision: Values-Oriented, Strength-Based and Model Specific	120 min		□
Culturally and Developmentally Appropriate Supervision	120 min		
Improved Outcomes Through Data-Driven Decisions	120 min		
Ethical Decisions in Family Support Practice	120 min		
Leading and Nurturing the Family Support Professional	120 min		
Maximizing Team and Peer Networks to Improve Family Outcomes	180 min		
Performance Evaluation: Celebrating and Guiding the Family Support Professional	120 min		
Professional Development: The Key to Quality Services	120 min		
The Nuts and Bolts of Family Support Supervision	120 min		
<b>TOTAL CONTACT HOURS/CEUs</b>	<b>19 hours/1.9 CEUs</b>		